



#### BEFORE YOUR SPRAY TAN

- In the shower, shave legs, underarms, etc. and exfoliate the skin afterwards with a pH-balanced, pre-tan scrub, such as our Aviva Labs Exfoliant. Avoid bar soaps and moisturizing spa-type scrubs as some may leave residue which interferes with the development of tanning solutions. It is important that you use an exfoliant intended for use before application of a DHA product. GG Formals carries preparation and tan maintenance products for your convenience.
- If you condition your hair, do so before you scrub. Do not apply deodorant, lotions, makeup or perfumed products after your shower.
- Clients should wear an old, dark swimsuit, or undergarments, during their session. Some clients purchase an inexpensive swimsuit dedicated to their tanning sessions.
- Wear dark, loose clothing, and sandals to your session. Tight or restrictive clothing will damage your developing tan. A jogging suit or long cotton sun-dress, and flip-flops are ideal.
- Wear lip balm or lipstick to your appointment.
- Be assured that we are professionals and will make every effort to accommodate your needs and make you as comfortable as possible whatever you choose to wear.
- While we have pre-tan products for use immediately before your session that can help the tanning solution adhere and develop properly, there is no substitute for your personal preparation. The DHA solution will continue to develop over the next 24 hours and usually lasts up to 7-10 days depending on hydration and exfoliation, and individual body chemistry.

#### AFTER YOUR SPRAY TAN

- Do not swim, work out, or get wet in any way for the first 8-12 hours after the spray tan. This allows the tan to fully develop.
- At the first shower after the spray tan, use Shower Glow™ DHA-infused Body Wash. Do not use your regular soap or body wash as they typically lighten the tan results. Continue to use Shower Glow daily to prolong the tan.
- Moisturize daily with Aviva Labs Velvet Soft Moisturizing Crème after the first shower following your spray tan and then on a daily basis. This keeps your skin soft and pliable so your skin sheds more slowly.
- Use Skin Glow Tan Extender Moisturizer or Tan Restore Gel to make your tan last up to 3 days longer and fade evenly. They restore much of the glow and even the tan.